

## Relate Group Questions October 22, 2017

**Ice Breaker Question:** When you were a teenager, what did your parents think of your clothes: Weird? Indecent? Tattered? Other?

**Relate Group Value: Affirmation** - Creating an atmosphere where group members affirm and encourage one another, build each other up in Christ, and help each other grow.

Sermon Text: Matthew 6:23-34

Other Relevant Scriptures: Matthew 11:28-30; Luke 10:38-42; 12:22-34; Philippians 4:4-13

### Study Questions:

1. On a scale from 1 (“no worries”) to 10 (“panic”), what is the level of worry in your life right now? Why?
2. What causes you the most worry? Are you worried or anxious about anything right now? Why?
3. Does worrying help us or harm us? What are the consequences of worry/anxiety?
4. What is God saying to you through this passage about handling your particular worry or anxiety?
5. What can we learn from “the birds of the air” and from “the lilies of the field”? What is the point Jesus is making?
6. How would your life be different if you lived the way Jesus sets forth in this passage in Matthew?
7. How do you seek to serve others while not “worrying and being upset” and keeping God-given priorities (Luke 10:38-42)?
8. Since God does not always change negative outside forces, what can he change in you so that contentment is possible? How can you and your group help this process (Philippians 4:8)?

### Weekly Check-up:

- How is your daily Bible reading going?
- How has your prayer life been this past week?
- Are you struggling in your obedience to God?
- Have you shared Jesus with anyone this past week?
- Have you invited anyone to worship or small group?
- What do you need prayer and encouragement for today?