

## January 22, 2017, Relate Study Questions

What do you look back on as the happiest days in your life? Were they really that good?

Relate Group Value: Affirmation - Creating an atmosphere where group members affirm and encourage one another, build each other up in Christ, and help each other grow.

Sermon Text: Philippians 1-4

Other Relevant Scriptures: Matthew 16:25-26

### Study Questions:

1. What one thing from Philippians do you especially want to apply in your life? In our church?
2. What outside force is most likely to upset your contentment? What can change in you so that contentment is possible (Philippians 4)? How can you and your group help this process?
3. On a scale of 1 to 10 what is the stress level in your life? What is your body saying to you? How can prayer help (Philippians 4:6-7)?
4. How important is unity in the life of a church? How can we practice the example of Jesus in our daily lives? (Philippians 1:27; 2:1-11; 4:2-3)
5. What do you think about Paul's perspective as expressed in Philippians 1:21-23? To what extent could you echo his perspective on life, ministry, and death?
6. What stands out to you about the example of Jesus? (Philippians 2:1-11)? Why?